



Please write clearly in block capitals.

Centre number

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Candidate number

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Surname

Forename(s)

Candidate signature

Functional Skills Certificate

FUNCTIONAL ENGLISH

Component 1 Reading Level 1

Friday 18 May 2018

Morning

Time allowed: 45 minutes

Materials

- You will need no other materials.

Instructions

- Use black ink or black ball-point pen.
- Fill in the boxes at the top of this page.
- Answer **all** questions.
- You must answer the questions in the spaces provided.
- Do not write outside the box around each page or on blank pages.
- If you need extra space for your answer(s), use the lined pages at the end of this book. Write the question number against your answer(s).
- Do all rough work in this answer book.
- Cross through any work you do not want to be marked.

Information

- The marks for questions are shown in brackets.
- The maximum mark for this paper is 18.
- There are 6 marks for Section A and 12 marks for Section B.
- You may use a dictionary.

Advice

- You are advised to check your work carefully.

| For Examiner's Use | |
|--------------------|------|
| Question | Mark |
| 1-6 | |
| 7 | |
| 8 | |
| TOTAL | |



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QAN 500/8701/0

For this exam you are going to read two texts to do with caring for children's teeth.

Answer **all** questions.

Section A

Read **Source A**. You have been asked to find out how successful this news report is in getting information across by answering the questions which follow.

Source A

BABY TEETH

By Nicola Bryan

Some parents in Wales are not brushing their babies' teeth because they do not realise they need to. Therefore, by the age of five, some children in Wales were having up to nine teeth removed all at once.

Maria Morgan, Cardiff University's Senior Lecturer in Dental Public Health, said: "People don't realise how early tooth brushing should start."



So far, the Welsh Government's programme has been focusing on child dental health. The latest figures show a reduction in the number of five-year-olds with tooth decay in Wales. However, about 14% of three-year-olds have a decayed, missing or filled tooth. Chief Dental Officer, Dr Colette Bridgeman, said the Designed to Smile programme would now be targeting those aged zero to five.

"No book can prepare you for life with a baby," she said. "With all the different things you have to do and fit in... brushing teeth might not be the highest priority in the day. Sometimes it can get left. The messages might not be getting to everybody," she added.

Mrs Morgan said children should have their teeth brushed twice a day "as soon as teeth show in their mouth". She also said that parents must supervise their children's teeth brushing until the age of seven. In 2013, Cardiff University asked the parents of 1400 three-year-olds if they brushed their child's teeth twice a day, with 75% saying they did.

Leah Ennis is a mum to a three-year-old and a three-month-old. When her eldest was six months old her health visitor gave her a pack containing a baby toothbrush and toothpaste but she received no instructions on how to use them. Miss Ennis said there was a lack of information and she was "not surprised" to hear some parents were not brushing their babies' teeth. "Pregnant women could be given this information but I didn't see anything up on the wall in hospital waiting rooms," she said.

"If parents aren't told they're not going to go and look for the information."



For **Questions 1 to 6**, write the letter for each answer in the box given.

Do not write
outside the
box

1 The main point of the news report is to

- A** explain the importance of brushing babies' teeth.
- B** inform pregnant women how to look after teeth.
- C** advise parents how to avoid tooth decay in babies.
- D** describe the correct way to brush babies' teeth.

Answer
[1 mark]

2 The news report says that

- A** children need to brush their teeth until they are seven.
- B** parents are told where to go and look for information.
- C** Leah Ennis has two children.
- D** Maria Morgan starts work early.

Answer
[1 mark]

3 The news report explains that parents who don't brush their babies' teeth

- A** are lazy.
- B** don't care.
- C** don't know how to.
- D** don't know they need to.

Answer
[1 mark]

4 The main point being made about brushing teeth is

- A** children can be left to do it on their own.
- B** it needs to start when the first teeth appear.
- C** parents need a book explaining all about it.
- D** Cardiff University is asking parents to do it.

Answer
[1 mark]

5 The news report informs us that

- A** all children under five are having teeth removed.
- B** 1400 three-year-olds brush their teeth twice a day.
- C** Dr Bridgeman designed a smile programme.
- D** the number of five-year-olds with tooth decay is falling.

Answer
[1 mark]

6 After reading this news report, a parent with a young baby should

- A** take their baby to a local dental hospital.
- B** get advice on how to brush their baby's teeth.
- C** write to Maria Morgan about the lack of information.
- D** post a picture of their baby's teeth on social media.

Answer
[1 mark]

6

Turn over ►




Section B

Read **Source B** then answer the questions that follow.

Source B





A regular teeth-cleaning routine is important for good dental health. Plaque is a film of bacteria that coats your teeth if you don't brush them properly. It contributes to gum disease and tooth decay. Follow this advice to help keep your kids' teeth decay-free:

Start brushing your baby's teeth as soon as the first milk tooth breaks through. Brush your child's teeth for about two minutes twice a day. Brush DJ, an app which plays two minutes of music, helps to make brushing fun. Fluoride toothpaste helps to prevent and control tooth decay. Make sure children spit out excess toothpaste and don't eat or lick toothpaste from the tube. However, rinsing with water after tooth brushing will wash away the fluoride and make it less effective.

Use a mirror to help your child see exactly where the brush is cleaning their teeth. Don't let children run around with a toothbrush in their mouth, as they may have an accident and hurt themselves. Remember: tooth brushing stops plaque building up.

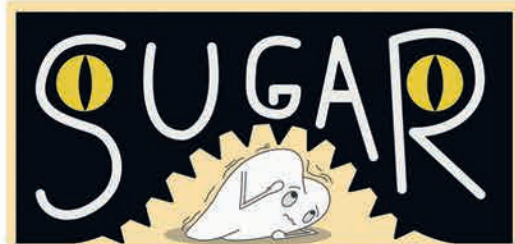
Sugar causes tooth decay. It's not just about how much sugar, but how long and how often your child's teeth are in contact with sugar.

Avoid sugar-sweetened drinks – the best drinks for young children are milk and water. Lollipops are particularly damaging. Don't give juices or sugary drinks in a bottle with a teat as this can increase tooth decay. The acid in drinks like fruit juice and squash can harm teeth as well. If you choose to give your child sweet foods or fruit juice, only give them at mealtimes.

Don't give your child biscuits or sweets as rewards. Things like stickers, hair slides and bubbles are better choices. They may be more expensive than sweets, but they last longer.

If your child needs medicine, ask your chemist or GP if there's a sugar-free option.

These tips will help you reduce the amount of sugar in your child's diet.



Write your answers in the spaces provided. The questions in this section are testing what you have understood about the text. The questions are **not** testing your writing.

7 Your school or college is holding a dental care week. You have been asked to produce an advice sheet for parents about looking after their children's teeth.

Select your advice from **Source B**.

You should include:

7 (a) **four** instructions for brushing babies' and children's teeth.

[4 marks]

1 _____

2 _____

3 _____

4 _____

7 (b) **four** tips to reduce the amount of sugar in babies' and children's diets.

[4 marks]

1 _____

2 _____

3 _____

4 _____



8 Look at the way **Source B** has been presented.

List **two** ways it has been presented and say why each one would make it easy for people to understand.

[4 marks]

First way presented: _____

This makes it easy to understand because _____

Second way presented: _____

This makes it easy to understand because _____

4

END OF QUESTIONS



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ANSWER IN THE SPACES PROVIDED**



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