



Rewarding Learning

General Certificate of Secondary Education
2019

Centre Number

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Candidate Number

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Health and Social Care

Unit 1

Personal Development
Health and Well-Being

MV18

[GHL11]

TUESDAY 11 JUNE, AFTERNOON

Time

1 hour 30 minutes, plus your additional time allowance.

Instructions to Candidates

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

You must answer the questions in the spaces provided.

Do not write on blank pages.

Complete in black ink only.

Answer **all** questions.

Information for Candidates

The total mark for this paper is 100.

Figures in brackets printed at the end of each question indicate the marks awarded to each question or part question.

Quality of written communication will be assessed in Questions **2(g)**, **3(c)** and **3(d)**.

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1 Mark, aged 49, works as a hairdresser in a large salon.

(a) Mark is in the life stage of middle adulthood which is from _____ years to _____ years.

[2 marks]

(b) Write down the type of relationship between Mark and his manager. [1 mark]

(c) Describe the expected pattern of physical development in middle adulthood. [3 marks]

(d) Explain how employment may positively affect Mark's self-concept. [2 marks]

(e) Mark smokes 30 cigarettes a day.

Use the headings below to describe how smoking may affect Mark's health and well-being.

Effect on physical health and well-being [3 marks]

Effect on emotional health and well-being [3 marks]

(f) In his work as a hairdresser, Mark is exposed to occupational hazards such as chemicals which can cause skin irritation and even blindness if splashed in the eyes.

Explain how two other occupational hazards may affect Mark's physical health and well-being.

[2 marks for each]

1. _____

2. _____

(g) Mark has a daughter called Anna, who is emigrating to New Zealand.

(i) Use the headings below to describe how emigration may affect Anna's intellectual, emotional and social development.

Effect on intellectual development [3 marks]

Effect on emotional development [3 marks]

Effect on social development [3 marks]

(ii) List three types of support Anna may receive from the informal sector to help her cope with this life change. [1 mark for each]

1. _____

2. _____

3. _____

2 Jamie, aged 10, and Megan, aged 8, live with their parents Oliver and Louise.

(a) Jamie and Megan are in the life stage of childhood which is from _____ years to _____ years. [2 marks]

(b) Identify the type of relationship between Jamie and Megan. [1 mark]

(c) Describe the expected patterns of intellectual, emotional and social development during childhood.
[3 marks for each]

Intellectual development

Emotional development

Social development

(d) Jamie enjoys school and is making good progress.

Explain how education may have a positive effect on Jamie's self-concept. [2 marks]

(e) Megan has a close relationship with her grandmother.

Describe how this may have a positive effect on Megan's emotional development. [3 marks]

(f) The family lives in poor housing conditions.

Explain two ways poor housing conditions may affect Jamie and Megan’s physical health and well-being.
[2 marks for each]

1. _____

2. _____

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3 (a) Jakub is 14 years old. He is in the life stage of _____ which is from _____ years to 18 years. [2 marks]

(b) Describe the expected patterns of intellectual and emotional development during this life stage.

Intellectual development [3 marks]

Emotional development [3 marks]

(e) Support is available from the statutory sector to help individuals cope with life changes.

Explain four different types of support the statutory sector may provide to help individuals taking on a caring role. [2 marks for each]

1. _____

2. _____

3. _____

4. _____

This is the end of the question paper

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Question Number	Marks
1	
2	
3	

Total Marks	
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Examiner Number

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