

# GCSE (9–1) Food Preparation and Nutrition

## J309/04, 05 Food Preparation Task

Sample non-examined assessment (NEA) task

Version 2.3

**To be given to candidates on or after 1 November 20XX**

### INSTRUCTIONS

- Choose **one** task.
- Include written evidence of your planning and of your design, execution and evaluation of the preparation, cooking and presentation of your dishes.
- Include photographic and/or visual recording evidence of your technical skills and final dishes.
- Your evidence must be your own work.

### INFORMATION

- The total mark is **105**.
- This document has **2** pages.

Do **not** change the tasks.

Choose **one** task.

**EITHER**

1. We live in a multi-cultural society where we have a wide range of food choices.

Your local area is holding a street food/music festival.

Plan, prepare, cook and present three dishes that could be served at the street food /music festival.

Analyse and evaluate your work.

**OR**

2. You have invited a friend to your house for a family celebration dinner.

Your friend is a lacto-vegetarian.

Plan, prepare, cook and present three dishes, which could be served for this occasion.

Analyse and evaluate your work.

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## Summary of updates

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<b>Date</b>	<b>Version</b>	<b>Change</b>
December 2019	2.3	Amendment to the instructions and the generic wording of the tasks to improve accessibility.