**GCSE Health and Social Care**

**Controlled Assessments**

**Unit 1: Health, Social Care and Children's Services**

**Controlled Assessment**

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| There are plans to re-organise the health and social care services in the UK in order to cut costs in the NHS. It is important that those individuals/groups that use the health and social care services have their needs recognised and are provided with the services that they require in their local area. To achieve this they need to record the health and social care needs of the local population. |

Candidates should choose **one** of the following tasks in relation to the scenario, relating to **one** of the following client groups:

* Infants
* Children
* Adolescents
* Adults
* Older adults
* Individuals with disabilities

**Task 1**

Produce a report which shows how well local health and social care services are meeting the needs of a chosen individual.

**Task 2**

Produce a report which shows how well local health and social care services are meeting the needs of a chosen client group.

Your work should include the following:

**1. Planning the task** (5 hours) (15 marks)

• Identification of individual/group for investigation and justify choice. (7)

• Aims and plan of investigation, demonstrating an understanding of the investigation. (8)

**2. Carrying out the task** (30 hours) (60 marks)

• Research and investigative procedures:

Primary and secondary research − local area health and social care provision. (25)

• Data collection − services − access and barriers. (20)

• Description of the roles, responsibilities and skills of two practitioners in the provision of care. (7)

• Application of the principles of care in the day-to-day work of the chosen practitioners. (8)

**3. Evaluating the task** (10 hours) (25 marks)

• Analysis of the findings of the investigation. (10)

• Assessment of how the relevant services meet the care needs of the individual/group. (10)

• Suggestions for improvements in provision. (5)

Acknowledgement of resources used in investigation must be included in the presentation of work.

The investigation should be presented as a folio of work.

**Unit 4: Promoting Health and Well-Being**

**Controlled Assessment**

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| Many of the diseases that people in the UK die from are preventable. CHD, lung cancer and high blood pressure are caused by factors such as smoking, lack of exercise, unhealthy diet, drinking excess alcohol and obesity. The government produces guidelines for a healthy lifestyle; however, individuals/groups also need support from health professionals, who offer advice and strategies to improve an individual’s lifestyle and maintain good health and well-being. |

Candidates should choose **one** of the following tasks in relation to the scenario, relating to **one** of the following client groups:

* Infants
* Children
* Adolescents
* Adults
* Older adults
* Individuals with disabilities

**Task 1**

Produce a health plan for an individual to help promote theirhealth and well-being.

**Task 2**

Produce a health plan to help a specified client group improve its health and well-being.

Your work should include the following:

**1. Planning the task** (5 hours) (15 marks)

• Identification of individual/group for investigation and justification of choice. (7)

• Aims and plan of investigation, demonstrating an understanding of the investigation. (8)

**2. Carrying out the task** (30 hours) (60 marks)

• Research into the ways the individual/group defines health and

well-being. (10)

• Data collection

- identification of a range of positive and negative factors and how they affect the individual/group;

- three physical measures of health and how they relate

to the individual/group’s age/sex/lifestyle. (25)

• Identification of targets for health and well-being. (5)

• Development of a health plan with short- and long-term targets. (15)

• Identification of support available. (5)

**3. Evaluating the task** (10 hours) (25 marks)

• Review and assessment of the health plan and identification of the possible effects on the individual/group's health and well-being. (15)

• Realistic and achievable suggestions for overcoming any difficulties. (10)